

Emerson Falcon News

EMERSON ELEMENTARY SCHOOL NEWSLETTER



October 1st, 2020

VOLUME 4, ISSUE 2

From the Principal

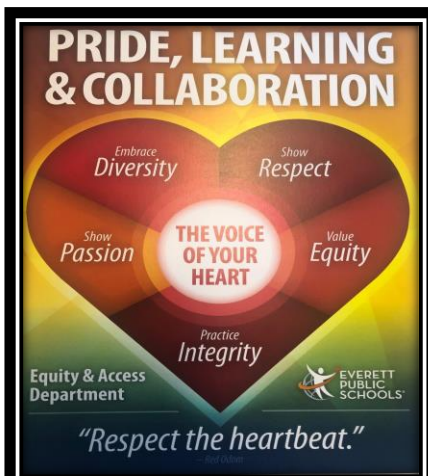
Emerson Families,

Welcome to October! This has been one of the most challenging starts to the school year in recent history! The Emerson staff and families have united to develop an amazing partnership focused on student learning and growth. Our collective creativity has been inspiring!

We are completing our i-Ready Diagnostic soon. This tool is used to illuminate student strengths as well as where there are learning gaps. We use this information to create specific learning targets and goals for each individual student. We will monitor their progress regularly in our professional learning community teams to ensure we are reaching every student and maximizing their success.

We are currently celebrating the second half of Hispanic Heritage Month! We have been reading short stories, learning fun facts, and sharing about culture.

Emerson is devoted to equity, inclusion, and belonging. Each month we will highlight a piece of our commitment to equity. This month we will focus on *Show Passion*. We are passionate about teaching and learning and we care about our students and our community. We show concern, regard, and interest in our students, families, and each other. We greet others with a smile, and we want to wish everyone a wonderful fall season! **Blythe Young, Principal**



Blythe Young

Principal

Kelly Bell

Assistant Principal

Emerson Elementary School

8702 7th Ave. SE

Everett, WA 98208

www.everettsd.org/emerson

425-385-6200

Oct. 9th

1:30-3:30 pm/ Student supply pick-up

Oct. 16th

NO School

Oct. 21st

PTA Zoom meeting 5:30 pm

Oct. 30th

1:30-3:30 pm/ Student supply pick-up

Supply and Material Pick-up/Parent Info

Families will receive an email and teachers will communicate with you if they are needing you to pick up supplies or materials for your student on the following days. If you are not able to pick up on the assigned day, materials will be available on our office every weekday from 8am-4pm.

Oct. 9th 1:30-3:30pm

Oct. 30th 1:30-3:30pm

There will be more dates posted monthly

Emerson PTA Information

Elementary's PTA, which stands for Parent Teacher Association, is having their annual membership drive. Our PTA organizes school events, fundraises for field trips and assemblies and advocates for the well-being and education of all children. Please go to the [facebook page](#) or the [membership sign up link](#) for more details. Also if you are interested in joining the PTA **board we do have open positions!**

Shortened link: <https://mp.gg/mhz5o>

Follow our facebook page for up to date PTA information and links to sign up for membership.

<https://www.facebook.com/ptaemersoneschool>

PTA Zoom Meeting Information

Topic: Emerson PTA meeting

Time: Oct 21, 2020 05:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us04web.zoom.us/j/72938274469?pwd=Y3hZLzlwQnlVc0g2WnhmUFV3QUhCdz09>

Meeting ID: 729 3827 4469

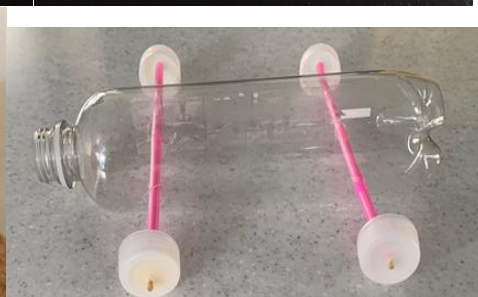
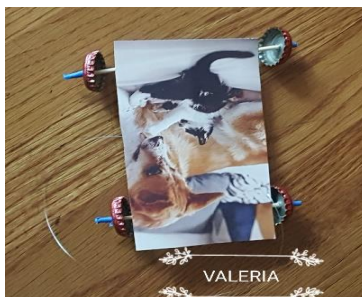
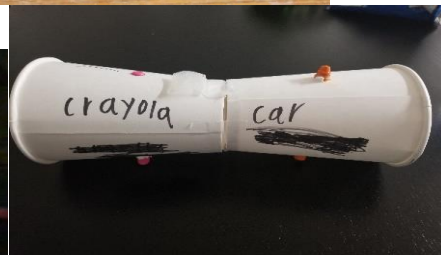
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Ms. Kee's Class

Homemade cars for Science!



Materials : Cardboard box,Tape, Toothpicks, and water bottle



From the Gym

Gary Niegemann

OCTOBER

SPEED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
F ace a partner, grab hands & see who can touch the other's feet with his or her feet 10 times first.	W hile watching TV, practice push-ups, attempting to clap your hands on the PUSH-UP.	H ave someone hold a small ball out in front of you. See if you can catch 5 of 10 balls dropped without warning.	F ind some stairs. Go up fast & down slowly. Repeat for each year you are old.	H ow fast can you move a ball BACK & FORTH between your right and left foot?	P lay a game of push-tag with a family member. The first to touch the other's hand 10 times wins.	F ind 2 trees or poles some 20 yards apart. Practice sprinting between the two.
H ow fast can you move your feet? When standing in one place, can you touch the floor 100 times in 60 seconds?	T ake a bouncy ball & practice bouncing it as fast as you can without losing control.	P lace a basketball, soccer ball, or large rubber ball in front of you. Alternate toe taps on top.	F ind a clear, grassy area & work on increasing your backward & lateral speed!	H ave someone roll a ball out in front of you while you try to beat it to a line.	C hallenge someone in your neighborhood to a series of short & long races.	C an you jump & click your heels together? Can you click them twice in the air?
<i>Olympic runners practice running steps with high knees. How high can your knees be when you run?</i>	S ee how fast you can transfer a small ball or beanbag from hand to hand.	B alance a small ball on your head. Lean forward & catch it in front. How many can you do in a row?	B ounce a ball & before the second bounce, clap hands & catch. • Touch floor & catch. • Sit on floor & catch. • Lie on floor & catch.	T oss a small ball upward with PALM UP & catch it with PALM DOWN. Try with each hand.	H ow quickly can you stack six plastic or paper cups in a 3-2-1 pyramid?	F ind someone with a watch & have him or her time you as you run around your house.
P lay a tag game in a small space.	M ost sidewalks are 3 squares wide. Picture yourself as an Olympic sprinter & practice running in your lane.	T hrow a Frisbee™ or small ball a distance that requires you to run & catch it.	F ind a clear space to run & see how LONG your STRIDE can be when sprinting.	U sing a real or imaginary jump rope, see how many jumps you can perform in 10 seconds.	R oll 2 socks up in a tight ball. How long does it take to dribble (foot) into every room of your house?	C an you JUMP & touch both toes when legs are pointed forward (pike)? Apart (straddle)?
F ind a partner. Place 2 empty soft-drink cans 30' away from each person. Who can bring his or her can back first?	F ind a clear area & practice your bat speed. You can use nearly any type of stick. How fast is your swing?	P ut a soup can in each hand & move them up, down, out & in as you jog around the block.	I t is better to fail at doing something than succeed in doing nothing.		PRACTICE MAKES PERFECT	

Calendar callisthenics is a voluntary daily fitness supplement conducted outside of school. As homework is completed, parents put a check in the corner box for the day. Small doses of creative exercises are made available to students during recess. Students will find some quiet and simple activities to practice before, between, and after school.

From the Library

Library books checked out last spring are due back at school! Please drop them off at the food distribution on Wednesdays or you can bring them to the front office.

Thanks so much! **Maggie Doud**



Counselor's Corner

Teachers are starting to get into Second Step lessons about Social/Emotional Learning! But what exactly is Social/Emotional Learning? Social/Emotional Learning teaches us skills for life. Students will learn about empathy, emotion management and recognition, problem solving, impulse control, how to calm down, communicate with others, and how to be assertive. As you can see these are things useful for all! One skill learned in Second Step is how to calm down. Here are the steps so you can practice them at home:

When you feel some BIG FEELINGS starting you...

1. Stop
2. Put your hands on your belly
3. Name that feeling
4. Take a deep breath
5. Use breathing and positive self-talk to calm down.

Until next time, Happy Practicing!

Hannah Sands and Briana Smith

How to Calm Down



Stop—
use your
signal

Name
your
feeling

Calm
down:
breathe
count
use positive self-talk

Attendance Motivation Program

“ALL HERE”

- Classrooms are attempting to spell “ALL HERE” by earning a letter each day the students are 100% in attendance.
- Then the principals and counselor will join the class and spin the Attendance Wheel for a prize!
- We will keep track of your wheel winnings. At the end of the year the Primary/Intermediate class with the best Attendance will receive a reward!
- So please encourage your kids to be here every day. If they are here, they are learning! Thank you!



Let's Connect

You are invited to connect with regional superintendent Sally Lancaster and engage in conversation about remote learning and provide feedback to help us improve. We want to hear from you and hope you can attend a zoom meeting to share your thoughts.

RSVP required to receive the link for the zoom meeting.

Let's Connect!

October's Topic: Bringing students back to the classroom

October 19, 2020, 5 – 6 p.m.

Questions that will be posed:

- When we start to bring groups of students back to the classroom, are you planning on sending your child to school or staying 100% remote?
- What are some factors in your decision?
- What information could the school district provide to make you feel more comfortable sending your child back to the classroom?

Register in advance for this meeting:

<https://everettsd.zoom.us/join/joinMeeting/register/tJlde2urzwiG9MQkWP0zkkjR7QYYhIzauCU>

After registering, you will receive a confirmation email containing information about joining the meeting.



2020 High School & Beyond Event

The High School & Beyond event will be completely virtual this year. The Pacific Northwest Association for College Admissions Counseling has been in the process of designing remote opportunities for students and families to connect with colleges and universities from all over the country. The Washington-specific portion will take place live from October 19-23. The presentations will also be recorded and will remain available until December 31st.

The virtual event site is available here: <https://pnacac.swoogo.com/PNACAC>.

In order to participate, register using the blue button in the top right-hand corner of the page. Once registered, you will be able to preview the college fair booths beginning on September 15 all the way through December 31. College representatives and presentation will be “live” during the days and times below:

Washington student week live times October 19 - 23, 2020	
Date	Time
Monday, Oct 19	9 a.m. - noon
Tuesday, Oct 20	4 - 7 p.m.
Wednesday, Oct 21	10 a.m. - 1 p.m. AND 4 - 7 p.m.
Thursday, Oct 22	4 - 7 p.m.

Parent University

Everett Public Schools Parent University is available 24/7 online and mobile, for you to access important resources to help support your student’s remote learning. You can find details on how to access and log in to Canvas, how to view your student’s schedule, where to get meals, and much more. Resources will continue to be added throughout the year. You will find Parent University, and all other information related to remote learning, at www.everettsd.org/COVID2020-21



Website refresh

Feedback from families and the community to improve navigation and the layout of the district’s website was integrated into the redesign, which launched October 1. The new site features inviting visuals, reduced clicks and a standard experience with navigation among all school sites. The interface is user-friendly, attractive and a welcome change.

Community survey about strategic plan

The district is engaging the community as we start the process of creating a new strategic plan. Please look for a survey coming out on October 12 on the district website to provide your input.

Let's Connect

You are invited to connect with district leaders and engage in conversation on October 19 from 5 – 6 p.m. (topic to be determined). We want to hear from you and hope you can attend a zoom meeting to share your thoughts. Please check your email for an invitation to connect with your school's regional superintendent and other district leaders. Be sure to check your email, RSVP required to receive the link for the zoom meeting. Let's Connect!

Website tools for you

The website has tools to make your life easier. Sign in with your LMS password to:

- Add your student's school and teachers' calendars to your calendar view
- Filter calendar items by category
- Export calendar items to your personal calendar
- Access *Grades & More*, lunch menus and staff contact information from the home page
- Find directions and maps to event locations listed on the calendar

Mobile app

Families can [download the district mobile app](#) to easily access student information, grades, attendance, lunch balances, borrowed library books, calendars and more! Translate notifications and app functions into the language you prefer.



Did you miss a call from us?

If you missed a call from your school, please first check your voice mail, email or mobile app for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls.

Is your contact information up-to-date at school?

If your contact information has changed, please let your school know so we can reach you.

Homeless resources

We care about all our Everett Public Schools families and know many are experiencing economic impacts due to changes in the economy. If not your family directly, you may know others who are starting to question whether there is any help available. If you are staying temporarily with someone else because you lost your housing, or are staying in a motel, campground, shelter, outside or are in an inadequate place, you and your children have special rights at school. Everett Public Schools' Kids in Transition (KIT) program supports students who qualify as homeless under the federal [McKinney-Vento Homeless Act](#). Students without a fixed, regular, and adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success. If you believe your child qualifies, please complete the [online Housing Questionnaire](#). For more information, visit the [KIT website](#) or contact the KIT office at 425-385-4032.

Rights include:

- Keeping your children in the same school even if you move, and receiving transportation to that school, as long as it is in the student's best interest;
- Enrolling in school immediately without the documents schools usually require;
- Receiving free school meals;
- Getting help with school supplies and other needs;
- Receiving extra support for youth who are on their own;
- Connecting young children with early childhood services;
- and referrals to other community resources.

Get resources and activities for your children from [Sesame Street in Communities](#), including tips for [how to talk to your child about homelessness](#) and [how to create a feeling of home](#) even if you are moving around a lot.

If you find yourself in a dangerous situation, or in need of medical, emotional, or physical support, please see [this list of national hotlines](#) that provide an array of services. All hotlines listed are national hotlines providing 24/7 support across the United States. In Snohomish County, you may call 425-25-ABUSE (425-252-2873) **In an emergency, call 911 for the police, get yourself and your children to a safe place, seek medical attention and call DVS for assistance.**



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

• Everett Public Schools does not discriminate in any programs or activities on the basis of
• sex, race, creed, religion, color, national origin, age, veteran or military status, sexual
• orientation, gender expression or identity, disability, or the use of a trained dog guide or
• service animal and provides equal access to the Boy Scouts and other designated youth
• groups. The following employees have been designated to handle questions and complaints
• of alleged discrimination:

• Title IX/Civil Rights
• Compliance Officer:
• Mary O'Brien
• 425-385-4106
• MO'brien@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:
Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:
Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
Everett, WA 98213

Evento de Preparatoria y Más Allá 2020 (High School & Beyond)

El evento de “High School & Beyond” será realizado completamente virtual este año. El consejo de la asociación de admisiones universitarias del pacífico noroeste (Pacific Northwest Association for College Admissions Counseling) ha estado en el proceso de diseñar oportunidades virtuales para que los estudiantes y sus familias se conecten con colleges y universidades de todo el país. La porción específica de Washington se llevará a cabo en vivo del 19 al 23 de octubre. Las presentaciones también serán grabadas y estarán disponibles hasta el 31 de diciembre.

El sitio para el evento virtual se encuentra aquí: <https://pnacac.swoogo.com/PNACAC>.

Para poder participar, regístrese usando el botón azul en la esquina superior derecha de la página. Una vez registrado, podrá tener una vista previa de los stands de la feria a partir del 15 de septiembre hasta el 31 de diciembre. Los representantes de las universidades y sus presentaciones estarán en “vivo” durante las fechas y horas siguientes:

<u>Horarios en vivo para los estudiantes de Washington del 19 al 23 de octubre de 2020</u>	
Fecha	Horario
Lunes 19 de octubre	9 a.m. – medio día
Martes 20 de octubre	4-7 p.m.
Miércoles 21 de octubre	10 a.m.-1 p.m. Y 4-7 p.m.
Jueves 22 de octubre	4-7 p.m.

Universidad para Padres

La Universidad para padres de las escuelas públicas de Everett está disponible 24/7 en línea y en medios móviles para que usted acceda a recursos importantes que le ayuden a brindarle apoyo a su estudiante, en su aprendizaje remoto. Puede encontrar detalles de cómo acceder e ingresar a Canvas, cómo ver los horarios de su estudiante, dónde conseguir comidas, y mucho más. Se seguirán agregando recursos durante el año. Encontrará la universidad para padres y toda la información relacionada al aprendizaje remoto en

www.everettsd.org/COVID2020-21



Actualización a nuestro sitio web

La retroalimentación de las familias y de la comunidad para mejorar la navegación y la distribución del sitio web del distrito fueron integrados como partes del rediseño que será lanzado el 1 de octubre. El nuevo sitio contiene visuales atractivas, reducción en clics y una experiencia estandarizada de navegación en todos los sitios escolares. La interface es amistosa, atractiva y un cambio bien recibido.

Encuesta comunitaria sobre el plan estratégico

El distrito está involucrando a la comunidad en su inicio del proceso de crear un nuevo plan estratégico. Por favor esté al pendiente de la encuesta que se emitirá el 12 de octubre en la página del distrito para que nos proporcione con sus opiniones y comentarios.

Conectémonos

Está invitado a conectarse con los líderes del distrito y participar en la conversación del 19 de octubre de 5 a 6 pm. (el tema por determinarse). Queremos escuchar de usted y esperamos que pueda asistir a la junta vía Zoom para que comparta sus opiniones. Por favor esté al pendiente de su email para la invitación a conectarse con su superintendente escolar regional y otros líderes del distrito. Verifique su correo. Requerimos que confirme su presencia a la junta para que reciba la liga a la junta Zoom. ¡Conectémonos!

Herramientas del sitio web para usted

El sitio web tiene herramientas para hacer su vida más fácil. Regístrese con su contraseña (password) de LMS para:

- Agregar los calendarios de la escuela de su estudiante y de sus maestros a su vista del calendario
- Filtrar elementos del calendario por categorías
- Exportar elementos del calendario a su calendario personal
- Acceder a calificaciones y más (*Grades & More*), menús de almuerzos e información de contacto del personal escolar desde la página principal
- Encontrar direcciones y mapas a lugares de eventos enlistados en el calendario

Aplicación Móvil

Las familias pueden [descargar la aplicación móvil del distrito](#) para tener fácil acceso a la información del estudiante, calificaciones, almuerzos, saldos, libros prestados de la biblioteca, calendarios iy más! Traduce avisos y funciones de la aplicación en el idioma de su preferencia.



¿No alcanzó a contestar una llamada de nosotros?

Si no alcanzó a contestar una llamada de su escuela, por favor verifique su correo de voz, email o aplicación móvil para ver el mensaje en lugar de llamar a la escuela. Las escuelas frecuentemente están inundadas con llamadas telefónicas de los padres después de haber recibido una llamada automatizada y no podemos atender todas las llamadas.

¿Está su información de contacto actualizada en la escuela?

Si su información de contacto ha cambiado, por favor infórmele a su escuela del cambio para que se puedan comunicar con usted.

Recursos para personas sin hogar

Nos preocupamos por las familias de las escuelas públicas de Everett y sabemos que muchos están pasando crisis económicas debido a los cambios en la economía. Si su familia no fue impactada directamente, puede que conozca a otras que se empiezan a preguntar si hay ayuda disponible. Si ustedes se están quedando temporalmente con alguien más porque perdieron su vivienda, o viven en un hotel, campamento, albergue, a la intemperie o están en un lugar inadecuado, usted y sus hijos tienen derechos especiales en la escuela. El programa de las escuelas públicas de Everett de “Kids in Transition” (KIT) da apoyo a los estudiantes que califican como personas sin hogar bajo [la ley federal McKinney-Vento de personas sin hogar](#). Los estudiantes que no cuenten con una residencia fija, regular y adecuada para pasar la noche pueden calificar. El programa KIT trabaja para eliminar las barreras del estudiante para que logre su éxito académico. Si usted cree que su hijo/a califica, por favor llene [este cuestionario en línea de vivienda](#). Para mayores informes, visite [el sitio web de KIT](#) o contacte la oficina de KIT al 425-385-4032.

Los derechos incluyen:

- Mantener a sus hijos en la misma escuela incluso si usted se muda, y que reciban transporte a esa escuela, siempre y cuando esté en el mejor interés de los estudiantes.
- Inscribirse de inmediato a la escuela sin los documentos normalmente requeridos por la escuela.
- Recibir comidas gratis de la escuela.
- Conseguir ayuda con útiles escolares y otras necesidades.
- Recibir apoyo extra con los jóvenes que están solos.
- Conectar a sus hijos menores con los servicios infantiles de temprana edad. Y,
- Remisiones a otros recursos comunitarios.

Consiga recursos y actividades para sus hijos de [Sesame Street en las comunidades](#), incluyendo consejos de [cómo platicar con sus hijos sobre el desamparo](#) y [cómo crear un sentimiento de hogar](#) incluso si se están mudando y moviendo mucho.

Si se encuentra usted en una situación de peligro, o necesita de apoyo médico, emocional o físico, por favor vea [estas líneas de ayuda nacionales](#) que ofrecen una cantidad de servicios. Todas las líneas de ayuda son nacionales y ofrecen soporte 24/7 en todos los Estados Unidos. En el condado de Snohomish, puede llamar a 425-25-ABUSE (425-252-2873) **En caso de emergencia, marque al 911 para la policía, busque usted y sus hijos estar en un lugar seguro, busquen atención médica y llame a DVS para recibir asistencia.**



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Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

**Title IX/Civil Rights
Compliance Officer:**

Mary O'Brien
425-385-4106
MO'brien@everettsd.org
PO Box 2098
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Section 504 Coordinator:

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